

Muskie School Data Request

1. Description of the data or other information sought:

The Muskie School is requesting claims data on individuals who are participating in the Maine Fighting Increasing Risk Starting Today (ME FIRST) wellness program run by MaineGeneral Hospital. *ME FIRST* is a comprehensive wellness program that combines nutrition education, physical fitness, and cognitive behavior sessions to bring about meaningful lifestyle changes. The *ME FIRST* program is five year pilot program funded by the ME Workers Compensation Program. Currently, the program is in its fourth year. The Muskie School is evaluating the program and would like claims data from 2007 to 2011 on the 1,000 or so individuals participating in the program. Further, the Muskie School will categorize these participants by the year they joined the wellness program so that we can analyze difference among cohorts. The Muskie School will provide MHDO with the social security number so that the MHDO can identify the specific claims data.

The data requested include:

PAGE 10¹: MC041, MC042, MC043

PAGE 11: MC055, MC058, MC059, MC060, MC063-MC067, MC071, MC075

PAGE 12: MC 911, MC915 + MC 917

PAGE 13: PC026, PC027, PC029, PC032, PC033, PC036, PC040-042

PAGE 14: PC 910, PC914, 916

2. Identity of the person and/or company requesting the data:

George Shaler of the Muskie School of Public Service at the University of Southern Maine is making the request.

3. Whether or not an internal review board is to be utilized:

The evaluation protocols are being reviewed by both the MaineGeneral and USM IRBs. Approval is expected later this month

4. The purpose for which the data will be utilized:

The claims data will be analyzed to ascertain whether the wellness program has led to a reduction in claims related to the topics addressed by the wellness program. Claims from the year before the program started (2007 – baseline) will be compared with subsequent years.

¹ Page numbers are from the Claims Database Data Element List of March 16 2010.

Muskie School Data Request

5. The media on which the data is to be delivered:

The Muskie School will retrieve the data in person and have it transferred to an iron key thumb drive.

6. If the requesting party intends to display on the Internet any of the data sought the request must so specify:

The Muskie School has no intention of displaying the information on the internet.