

**Adams, Linda**

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**From:** Harrington, Karynlee  
**Sent:** Thursday, May 02, 2013 8:49 AM  
**To:** Adams, Linda  
**Subject:** FW: Muskie School waiver request

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**From:** George Shaler [<mailto:gshaler@usm.maine.edu>]  
**Sent:** Thursday, April 18, 2013 1:16 PM  
**To:** Harrington, Karynlee  
**Subject:** Muskie School waiver request

Hi Karynlee,

It was nice talking with you last week. I appreciate that MHDO board is willing to consider our request our waiver. Here is the information you requested.

Last June, the Muskie School received a modest \$82,000 award from the Worker's Compensation Program to carry out a number of evaluation activities associated with the Maine Employees Fighting Increasing Risk Starting Today (ME FIRST) program run by ME General. Among the major evaluation activities we are working on are the following:

- 1) Analysis of program participant data (e.g., changes in weight, BMI, cholesterol, etc.)
- 2) Program Satisfaction
- 3) Reasons for Withdrawing (qualitative data analysis of on-line survey responses)
- 4) Medical and Pharmacy claims for program participants
- 5) ME FIRST newsletter analysis

In developing the budget for the evaluation I estimated that the claims analysis would account for \$21,000 of the budget. This amount has partially covered the salary expenses of a staff member who has analyzed the claims.

I wish the budget had been a bit more robust, but the amount is what it is.

If you need anything please let me know.

Yours,  
George Shaler  
Research Associate  
Muskie School of Public Service